



30, 31 AUGUST  
1, 2, 3 SEPTEMBER 2023

# PROGRAM

## WEDNESDAY 30 AUGUST

### HEALING & WORKSHOPS AREA

9:30  
"Enraiza e desperta a tua energia" - Rita Cavaleiro

11:30  
Osho Kundalini active meditation - PRAMOD

13:30  
Self Massage

15:30  
Rampump workshop with Ricardo Marques

17:30  
Capoeira

### RASTAFARI CULTURAL YARD RASTAFARI TO THE WORLD

09:00  
Welcome ceremony

10:00  
Reasoning session  
The healing power of Nyahbinghi

17:00  
Evening Nyahbinghi session

### ROOTS GARDEN

10:30  
Creative Dubs

Powered by Mindel Reggae Soundsystem

12:30  
Terra Livre - Dub Station  
Live Dub Mix

### REASONING

16:00  
AMAPs - Agroecologie and communities supporting agriculture

### CINEMA

20:30  
Living soil - Chelsea Wright

### KIDS AREA

14:30 - 17:30

### RIVER STATION

12:00  
Blackboard Jungle

14:00  
Selecta Orka

Powered by  
Blackboard Jungle  
Soundsystem

### DUB TEMPLE

16:00  
Nyahbinghi opening

00:00  
Channel One

18:00  
Selectress Nustacris

20:00  
Wise Rockers  
Live Dub Mix

Powered by Nomad Embassy Soundsystem

22:00  
10000 Lions alongside  
DIXIE PEACH

CLOSE: 04:00

## THURSDAY 31 AUGUST

### HEALING & WORKSHOPS AREA

9:30  
Contact Dance - Fausto Mathias

11:30  
Bio Energetics - PRAMOD

13:30  
Kung Fu

15:30  
"Sound Systems ABC's.  
A Interactive Workshop for Children (and Curious Adults) with Kibir La Amlak"

17:30  
Earth in construction - Artetura & Ser Recurso

15:30  
Wood carving - Elfic wood works  
Meeting Point: Chai Chill & Chat

### RASTAFARI CULTURAL YARD RASTAFARI TO THE WORLD

09:00  
Morning Nyahbinghi session

10:30  
Reasoning session:  
1. Preparation & Repatriation  
"Ethiopia The homeland of RasTaFarl"  
2. "Zion Train" Book presentation & reasoning with Ras Julio

17:00  
Evening Nyahbinghi session

### ROOTS GARDEN

10:30  
Mindel Reggae Family

14:30  
Selectress Maryjane

12:30  
Pap'z Zilla

Powered by Mindel Reggae Soundsystem

### REASONING

11:00  
RAS COS TAFARI - 'The Divine Source of Roots Reggae (& Dub) Music'

14:00  
"NICK MANASSEH - Jah Shaka: Memories and echoes"

16:00  
"A Future for the Forests"  
Somos Agrofloresta, Ras John & Reflorestar Portugal

### KIDS AREA

9:30 - 12:30  
14:30 - 18:30

### CINEMA

20:30  
The imperfect poem  
- Zulmira Coimbra

### RIVER STATION

12:00  
Mother Earth

13:30  
Kullar  
(Roots Youth Records)

15:00  
Jah Life International  
Powered by  
Jah Life International  
Soundsystem

### DUB TEMPLE

18:00  
Siren sisters

00:00  
Empress Shema

20:00  
Nick Manasseh

02:00  
Word Sound & Power

22:00  
Jerry Lionz  
Live dub mix

Powered by Nomad Embassy Soundsystem

CLOSE: 04:00

# FRIDAY 1ST SEPTEMBER

## HEALING & WORKSHOPS AREA

9:30  
Chi Kung - How to master your vital energy

11:30  
Osho Dynamic active meditation - PRAMOD

13:30  
Desires and Boundaries - Connecting with Your True YES and Your True NO - João Mar

15:30  
Compost - The humus cycle - Ser Recurso

17:30  
Creative Ceramics

15:30  
Wood carving - Elfic wood works  
Meeting Point: Chai Chill & Chat

## KIDS AREA

9:30 - 12:30  
14:30 - 17:30

## RASTAFARI CULTURAL YARD RASTAFARI TO THE WORLD

09:00  
Morning Nyahbinghi session

10:00  
Reasoning session:  
1. The healing power of Nyahbinghi

2. ITAL IS VITAL: "Your food is your medecine, your medecine your food"

17:00  
Evening Nyahbinghi session

## ROOTS GARDEN

10:30  
Pillars of Dub  
Live Dub mix  
12:30  
The Great Anna

Powered by  
Mindel Reggae  
Soundsystem

## REASONING

11:00  
KIBIR LA AMLAK: Universal Spiritual Significance of RasTafari Sound System (pt.2)

14:00  
A South-East London Story - Gussie P & Jerry Lionz

16:00  
O Reino Fungi - Ser Recurso

## CINEMA

20:30  
Escape to St Croix - Reggaeescape

22:30  
Kiss the ground - Rebecca Harell Tickell & Joshua Tickell

## RIVER STATION

12:00  
Miss Mitten

13:30  
Blackboard Jungle

16:30  
Nyahbinghidub

Powered by  
Blackboard Jungle  
Soundsystem

## DUB TEMPLE

18:00  
Earl Gateshaed

20:00  
Gussie P

22:00  
Henry & Louis  
2 Kings Records

00:00  
Emperorfari

02:00  
Blakamix

04:00  
Nomad Embassy

Powered by  
Nomad Embassy  
Soundsystem

CLOSE: 06:00

# SATURDAY 2ND AUGUST

## HEALING & WORKSHOPS AREA

9:30  
Liberate your dance - Constança Morais

11:30  
AUM social active meditation - PRAMOD

13:30  
Dropping the Masks- Ways to Relate From Your Authentic Self - João Mar

15:30  
The Art of 'Live Dub Mixing' with I Grade Dub & Kibir La Amlak'

17:30  
Herbal Infused Oils workshops - Da Lua Herbal

15:30  
Wood carving - Elfic wood works  
Meeting Point: Chai Chill & Chat

## KIDS AREA

9:30 - 12:30  
14:30 - 17:30

## RASTAFARI CULTURAL YARD RASTAFARI TO THE WORLD

09:00  
Morning Nyahbinghi session

10:00  
Reasoning session:  
1. Presenting One Love Family: Associação: Reasoning with Systa Benji Paula

2. THE OMEGA POWER EXPERIENCE: Introducing HRH Empress Itegue Menen I

17:00  
Evening Nyahbinghi session

## ROOTS GARDEN

10:30  
Mindel Reggae Family

12:30  
Meladub

Powered by  
Mindel Reggae  
Soundsystem

## REASONING

11:00  
JAH YOUTH - "Reggae Safari"

14:00  
I GRADE DUB - Vaughn Benjamin and the Polarities of language

16:00  
Zulmira Coimbra - "The links between human carnivory, biodiversity decline and people well-being"

## CINEMA

20:30  
Reggae in São Luís do Maranhão  
Gustavo Pimenta & Prof. Marcos Ramusyo

## RIVER STATION

12:00  
Fidel (Real Rockers)

13:30  
Baodub & Jahwind

15:00  
Jah Life International

Powered by  
Jah Life International

## DUB TEMPLE

18:00  
Jah Youth

20:00  
Roberto Sanchez & Benjammin Live Dub mix

02:30  
Delmighty Sounds

04:30  
Higher Meditation & Nia Songbird

Powered by  
Nomad Embassy  
Soundsystem

CLOSE: 06:30

# SUNDAY 3RD SEPTEMBER

## HEALING & WORKSHOPS AREA

9:30  
Regressar a essencia - Rita Cavaleiro

11:30  
No Minde active meditation - PRAMOD

13:30  
Oralidade Slam

15:30  
Microbiotics

17:30  
Creative Ceramics

## REASONING

11:00  
RASTAFARI TO THE WORLD  
"RasTasFarI Journey: From it's Origins to the Preset day & a vision for the next Generation"

## KIDS AREA

9:30 - 12:30  
14:30 - 17:30

## CINEMA

20:30  
1. Ontem não é hoje  
2. Esta é uma historia sobre Água  
3. Com Água não se faz Àcool

## RIVER STATION

12:00  
Good over evil

13:30  
Nomad Embassy

15:00  
Blackboard Jungle  
Powered by  
Blackboard Jungle  
Soundsystem

## DUB TEMPLE

18:00  
48 Roots

20:00  
ZOFA

22:00  
Aba Arigal alongside  
Kibir la Amlak  
Live Dub Mix

00:00  
I GRADE DUB alongside  
Micah Shemaiah  
Live Dub Mix

02:00  
Tribe 84

04:00  
Nomad Embassy

Powered by  
Nomad Embassy  
Soundsystem

CLOSE: 06:00

## ROOTS GARDEN

10:30  
Wood & Fire

12:30  
Skanking Farmers

Powered by  
Mindel Reggae  
Soundsystem